



note pad

Item 217

August 2017

Support Paula's Snowdon challenge!



Paula Suchy is in peak condition as she prepares to tackle the slopes of Snowdon next month to raise funds for two charities – the Audio Description Association and her local Milton Keynes Reader Service.

Here is her personal message from her TotalGiving fundraising page:

I decided to walk up Snowdon to challenge myself and to raise funds for charity at the same time.

I am registered Blind and will be walking with four members of my family who will act as my guides.

The two charities I will be raising funds for are The Audio Description Association and The Milton Keynes Reader Service. I volunteer to do committee work for both of these charities and also benefit from their services.

The Audio Description Association works to raise the standard and profile of audio description nationwide, supporting audio describers and facilitating a quality service for blind and partially sighted people.

Milton Keynes Reader Service is a small local charity which provides volunteers to help blind and disabled people. The volunteers visit the users in their homes to read and/or write anything that the user finds difficult due to sight loss or physical disability. Volunteers also take their users shopping or to the theatre or many other activities outside the home which would be difficult without a sighted companion.

Both of these charities need funds to enable them to continue to support sight impaired people and to enhance their lives.

Visit Paula's TotalGiving fundraising page at:

www.totalgiving.co.uk/mypage/paulasuchy

Thank you!

Fact File: Rising 1085m/3560ft above sea level, Snowdon is the highest point in the British Isles outside the Scottish Highlands. It was used as a training-ground by Edmund Hillary before his conquest of Everest in 1953. Today it has earned the reputation of "Britain's busiest mountain".

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Happy August Bank Holiday to all our readers!